

November 2023

Community Centre Events

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|--|---|
| | | | 1 Mayors Breakfast in Multiuse Hall Drop in Pickleball, 8- 10pm | 2 -Senior Exercise, 8:45-9:45am, - Lucan Sunshine Club Cards 12pm, Lions Active Living Centre, -Yoga, 7-8pm, Lions Active Living Centre | 3 LUCAN CHRISTMAS CRAFT SHOW STARTS 4-8pm | 4 LUCAN CHRISTMAS CRAFT SHOW 10am-4pm |
| 5 LUCAN CHRISTMAS CRAFT SHOW 10am-4pm -Free Public Skating 12:30-1:30pm | 6 -Senior Exercise, 8:45-9:45am -Strength and Cardio, 5:45-6:30pm in Multiuse Hall -ZUMBA 7-8pm in Multiuse hall | 7 -Senior Exercise, 8:45-9:45am -Parent, Tot, Senior Skate 10am-12pm -Mat Fit 6:30- 7:30pm in Multiuse hall | 8 Drop in Pickleball, 8- 10pm | 9 -Senior Exercise, 8:45-9:45am -Parent, Tot, Senior Skate 10am-12pm - Cards 12pm Lions Active Living Centre, -Yoga, 7-8pm, Lions Active Living Centre | 10 Drop in Pickleball, 10am-12pm, \$3.00 | 11 Lucan Irish Six VS Exeter 7:45pm |
| 12 -Free Public Skating 12:30-1:30pm | 13 -Senior Exercise, 8:45-9:45am, -Learning in Lucan, Balance 10:15-11:00am (519)227-4442 to register -ZUMBA 7-8pm in Multiuse hall | 14 -Senior Exercise, 8:45-9:45am -Parent, Tot, Senior Skate 10am-12pm -Mat Fit 6:30- 7:30pm in Multiuse hall | 15 Drop in Pickleball, 8- 10pm | 16 -Senior Exercise, 8:45-9:45am -Parent, Tot, Senior Skate 10am-12pm - Cards 12pm, Lions Active Living Centre -Yoga, 7-8pm, Lions Active Living Centre | 17 Drop in Pickleball, 10am-12pm, \$3.00 | 18 Lucan Irish Six VS North Middlesex 7:45pm |
| 19 Lucan Irish Six VS Dorchester 1:45pm | 20 -Senior Exercise, 8:45-9:45am, -Learning in Lucan, Balance 10:15-11:00am (519)227-4442 to register -ZUMBA 7-8pm in Multiuse hall | 21 -Senior Exercise, 8:45-9:45am -Parent, Tot, Senior Skate 10am-12pm -Mat Fit 6:30- 7:30pm in Multiuse hall | 22 Drop in Pickleball, 8- 10pm | 23 -Senior Exercise, 8:45-9:45am -Parent, Tot, Senior Skate 10am-12pm - Cards 12pm, Lions Active Living Centre -Yoga, 7-8pm, Lions Active Living | 24 Drop in Pickleball, 10am-12pm, \$3.00 Parents Night Out Program, call 519-227-4442 to register | 25 |
| 26 -Free Public Skating 12:30-1:30pm | 27 -Senior Exercise, 8:45-9:45am, -Learning in Lucan, Balance 10:15-11:00am -Strength and Cardio, 5:45-6:30pm Multiuse hall -ZUMBA 7-8pm in Multiuse hall | 28 -Senior Exercise, 8:45-9:45am-- Parent, Tot, Senior Skate 10am-12pm -Parks and Recreation Master Plan, Open House, 5-7pm in Multiuse hall -Mat Fit 6:30- 7:30pm in Lions Active Centre | 29 Drop in Pickleball, 8- 10pm | 30 -Senior Exercise, 8:45-9:45am -Parent, Tot, Senior Skate 10am-12pm - Cards 12pm, Lions Active Living Centre -Yoga, 7-8pm, Lions Room | 1 Drop in Pickleball, 10am-12pm, \$3.00 | 2 Lucan Irish Six VS Aylmer 7:45pm |